

Professional Certification

This intensive 10-month program provides men and women with the spiritual formation and necessary skills to answer God's call to the ministry of Spiritual Direction, while earning a professional certificate in Spiritual Direction.

The program is taught by a team of six gifted, and experienced Mayslake Ministries Spiritual Directors who for decades, have accompanied spiritual seekers on their journey to grow closer to God. Our facilitators are skilled in theology, philosophy, sacred scripture and other disciplines as well as a wide array of spiritual traditions including: Ignatian, Franciscan, Benedictine spirituality.

For more information contact:

Dr. Mary Amore - Executive Director
mamore@mayslakeministries.org

Bob Frazee - Sacred Presence
Program Director
bfrazee@mayslakeministries.org

Testimonials

The modules are brilliantly designed and the course as a whole far exceeded my expectations. The personal spiritual growth aspect was like none other.
- Anne H.

"I am continuously learning to become a vessel for the Holy Spirit to work through. Being more in-tune with myself, with others, and with God in everyday life allows me to walk that journey of faith with God's people in the way He needs me to." - Natalie R.



Reach Us

1S314 Summit Avenue
Oakbrook Terrace, IL
630-852-9000

Website:

www.Mayslakeministries.org

*Mayslake
Ministries*

Mayslake Ministries

ENGAGING CATHOLICS
IN A MODERN WORLD

Celebrating 30 Years of Ministry



Basic Expectations

- Be in Spiritual Direction
- Attend weekly class instruction which includes: scripture, prayer spiritual disciplines, texts and materials integral to the tradition of spiritual direction in our Catholic faith
- Participate in weekly supervised practice of skills within in the academic cohort
- Meet with your assigned mentor regularly throughout the program
- Meet regularly with a directee of your choice to practice and strengthen learned skills as you progress through the program
- Complete all Module assignments by deadlines as well as a final project presentation



The Ideal Candidate

Is a person of faith who feels called to accompany others in their walk with God through sacred listening and prayer and scripture.

Is one who desires to grow in union with the Lord and learn the skills of sacred listening and discernment so they can help others in their journey of faith as they seek to grow closer to God.

Will grow in self-knowledge and knowledge of God while developing the tools for journeying with others.

Will practice their skills of spiritual direction along with the support of a mentor learning how to assist others in recognizing God's movement in their life.

Program Curriculum

MODULE TOPICS & SCHEDULE

All classes will be conducted virtually

- **Sept 9 & 10** – Opening Retreat
- **Sept 15** – Skills Orientation
- **Module #1: Sept 22** – Who is Jesus? What does it mean to be human?
- **Module #2: Nov 3** – What would Jesus have me do? Discipleship in the Modern World
- Christmas Break
- **Module #3: Jan 5 - 2023**
Healthy Human Development
- **Module #4: Feb 16** – Healthy Spiritual Development
- **Module #5: Mar 30** – The Function of Spiritual Direction: Discernment
- **Module #6: May 18** – Living the Christian Life in the Modern World
- **Final project due: June 2023**
- **June 24, 2023:** Final Retreat and Certification Ceremony

- **Mastery of 15** Spiritual Direction Skills
- **90 hours** of classroom instruction & formation
- **120+ hours** of Skills Practice
- Each candidate is assigned a mentor who accompanies you in training and formation
- Traditional & Contemporary Catholic resources